

A WORKPLACE WELLNESS MAKEOVER TOOL KIT



SIMPLIFY AND TAILOR MESSAGES to employees in specific categories such as health status and stage of life.

[Read Full Article—*NewsBriefs*]

REVIEW THE RESEARCH

Health and Wellness Perks Offered



83% EAPs

45% Health Coaching

77% Flu Shot Programs

41% Onsite Fitness Centers or Subsidized Fitness

60% Health Risk Assessment

39% Weight Management Programs

[Read Full Survey—*Employee Benefits Survey/2018 Results*]

Membership Required

REMOVE BARRIERS TO ENGAGEMENT



Why Employees Dislike Wellness Programs and How to Change Their Mind-set

[View Webcast]
Membership required

What's Working (and What's Not Working) in Financial Wellness programs!

[Read Full Article—*Benefits Magazine*]



EXPAND YOUR LEADERSHIP'S UNDERSTANDING

of the business impact of health and well-being on the organization.

[Read Full Article—*Benefits Quarterly*]

CHALLENGE YOUR EAP to step up, customize and deliver results.



Rebrand Your EAP to Eliminate the Stigma and Increase Utilization

[View Webcast]
Membership required

BOOST PARTICIPATION AND ENGAGEMENT

ADD a little something for everyone!

[Read Full Blog—*Word on Benefits*]



15 technology trends that can elevate your wellness program

[Read Full Article-*Benefits Magazine*]



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