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Barbara is the founder and president of Wellness Law, LLC, a legal compliance company dedicated to improving wellness law compliance for health and wellness professionals and companies. Barbara has written several books relating to wellness and the law, including *Quick & Easy Wellness Law* and *Rule the Rules on Workplace Wellness Programs*. She is a frequent writer and speaker on health and wellness law topics, having presented for national organizations such as the Wellness Alliance, the International Foundation of Employee Benefit Plans, and HERO. Barbara is an associate professor of law for the University of Missouri Kansas City Law School, where she teaches courses in health law, wellness law, and contracts. Barbara serves health and wellness professionals and organizations across the country as an advocate, a transactional lawyer and a compliance resource. Barbara is licensed to practice law in both Wisconsin and New York.