



Bobby Russell, D.P.T., OCS, FAAOMPT

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Bobby Russell, PT, D.P.T., OCS, FAAOMPT, MBSR-Teacher Training Level II is a board-certified clinical specialist in orthopedics, residency trained and a Fellow of the American Academy of Orthopaedic Manual Physical Therapists. He earned his bachelor's degree in exercise science from Tennessee Tech University. Bobby attended the University of Tennessee Health Science Center, where he earned a Doctor of Physical Therapy. He is an active member of the American Physical Therapy Association (APTA), American Academy of Manual Physical Therapists (AAOMPT) and Tennessee Physical Therapy Association (TPTA). Bobby has sought out additional training in pain science, psychologically informed practice, motivational interviewing and mindfulness. He believes in a well-rounded approach to patient care including manual therapy, exercise, behavioral change, mindfulness and motivational interviewing.