



Cailene Pisciotta, LPC, NCC

**Staff Health and Wellness Clinician
Phoenix Union High School
Phoenix, Arizona**

Cailene Pisciotta is a licensed professional counselor (LPC) with over a decade of experience in the mental health field. Since 2010, she has worked with a diverse client base, currently serving as a therapist for the staff at Phoenix Union High School District while also running her own private practice. Cailene's therapeutic approach is collaborative and strength-based, helping individuals overcome challenges and achieve their goals. She specializes in working with a wide range of mental health issues, focusing on empowering people to build resilience and improve their well-being. Cailene is passionate about the impact of mental health in the workplace and understands how addressing these needs can enhance workplace morale, productivity, and long-term success. By supporting the mental health of employees, she believes organizations can create a more positive, sustainable environment. Her commitment to promoting mental health has shaped her holistic approach, helping individuals thrive both personally and professionally.