



Katie Himes

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Katie Himes (she/her) studied community psychology and Spanish at DePaul University in Chicago, Illinois, where she also served as a research assistant for the Educational Opportunities Center program and the Homelessness, Advocacy, Research, and Collaboration Lab. Prior to joining the CPS team, she was a bilingual care coordinator for Nourishing Hope, ensuring under-resourced Chicago communities had access to food and sometimes life-saving social services. Katie is passionate about social justice, community wellness, and affirming the inherent dignity and autonomy of all. As an employee wellness specialist at Chicago Public Schools, she is thrilled to be a part of the Be Well Employee Wellness program and mission to support employees in their own holistic well-being journeys.