



**Erika Collins-Frazier, Ed.D., LPC, NCC**

**Staff Health and Wellness Clinician  
Phoenix Union High School District  
Phoenix, Arizona**

Dr. Erika Collins-Frazier is a licensed professional counselor with over 15 years of unwavering dedication in the field of mental health. With a master's degree in professional counseling and a master's degree in forensic counseling from Argosy University as well as a doctoral degree in organizational leadership with an emphasis on mental health from Grand Canyon University, Dr. Collins-Frazier has mastered various therapeutic approaches. Dr. Collins-Frazier has played an instrumental role in healing individuals grappling with a wide array of mental health challenges. Her skills include crisis intervention, dialectal behavioral therapy (DBT), reality therapy, trauma therapy, solution-focused therapy, cognitive behavioral therapy (CBT), and working through the intricate nuances of complicated grief. Her work has extended beyond clinical settings, as she has been an advocate for mental health awareness in the community. Dr. Collins-Frazier's empathy and ability to connect with people on a profound level have consistently made her a trusted confidante and guide on the path to recovery.